

Free and Healthy Children International (FHCi)

Professional Code of Ethics for FHCi HP Supervisors

The FHCi Board recommends the following ethical guidelines for supervision of Homeoprophylaxis (HP) and general practice of Homeopathy. All FHCi HP Supervisors agree to the following.

1. Key Principles

Free and Healthy Children International (FHCi) is a membership association. **Members of FHCi** recognize that ethical practice is a quality that arises within the person or practitioner from the pursuit of truth. It is the duty of the practitioner to foster and evaluate their actions and participation in accordance to this source.

FHCi operates on a model of benevolence between a triad of members: **HP Families, HP Supervisors,** and the **FHCi Board,** by way of working within the honor system of individual responsibility and integrity towards the mission and financial obligations described in the FHCi Bylaws.

HP Supervisors are entrusted, as agents of FHCi, to provide access to HP, to act in accordance to their better judgement towards the health of children, individual family members, and their fiscal responsibilities to FHCi. Furthermore, **HP Supervisors** shall:

- 1.1 Regard the individual needs of family members a priority, to help protect the immune systems of children and adults.
- 1.2 Respect the privacy and dignity of family members.
- 1.3 Treat everyone fairly, respectfully, sensitively and appropriately without discrimination.
- 1.4 Work to foster and maintain the trust of individual family members and the public.
- 1.5 Listen actively and respect each individual's views and their right to personal choice.
- 1.6 Take responsibility for their own personal health, and encourage family members to take responsibility for their own health, through discussion and provision of information.
- 1.7 Provide comprehensive clear and balanced information to allow family members to make informed choices.
- 1.8 Respect and protect the family member's rights to privacy and confidentiality.
- 1.9 Work only within the boundaries of their own competence and seek supervision when needed.
- 1.10 Respond promptly and constructively to concerns, criticisms, and complaints.
- 1.11 Inform family members of the Adverse Event Reporting Procedure (located on the FHCi website) if they feel an adverse event has occurred.
- 1.12 Respect the skills of other healthcare professionals, and where possible work in cooperation with them.

2. Confidentiality

2.1 All FHCi intake/membership forms and consultation notes shall be kept in a secure, locked and confidential space at all times, access being restricted to the HP Supervisor and his/her assistants. All obsolete personal consultation notes shall be disposed of in a confidential, manner such as document shredding and disposed of in an environmentally acceptable manner. These forms are the property of FHCi, to be kept on file by the HP Supervisor

for a period of seven years from the HP Family member's commencement of the HP Program. If at any time, the FHCi Board requests a copy, one shall be provided.

2.2 The HP Supervisor shall not communicate externally the contents of the family member's personal notes in any form or any information obtained within the HP Supervision relationship.

2.3 No report shall be given to a third party without the consent of the HP Family member concerned.

2.4 Due to the membership platform of FHCi, all FHCi intake papers are excluded from HIPPA regulations which means that no local, state, or federal agency are permitted to have access to these records without the express permission of the HP Family Member.

2.5 The HP Supervisor shall honor the confidentiality of all HP Family members whose cases are used in published articles, case conference presentations, or training lectures by withholding/changing names and all identifying details. A written consent form must be obtained from the HP Family member in order to teach, present or publish any part of the case history (written/video).

3. Family Member Consent

3.1 Be sure to have all HP Family members sign and initial each page of the FHCi intake documents, as provided on the FHCi website. These should include, but are not limited to, a statement that you are not a doctor or physician and that you do not treat any disease or condition.

3.2 Your qualifications, training, and certifications are to be clearly listed on the informed consent form given to each HP Family member.

3.3 Your fees are to be clearly listed on the informed consent form as well as what is included in your fee.

3.4 Consultation fees are reasonably comparable to the pricing guidelines set by FHCi.

4. Professional Boundaries

4.1 Clear boundaries need to be observed by all parties to a HP Supervising member/HP Family member relationship. A HP Supervisor shall not engage in any sexual activity with a client. Only after the formal relationship has been concluded, with full agreement and understanding on both sides, may any other kind of relationship be contemplated.

4.2 An HP Supervisor is responsible for assuming an influential position as a teacher or mentor and must interact with students appropriately. He/she shall avoid any fraternization which exploits that position of influence.

5. Responsibility to Maintaining the Integrity of the Professional Community

5.1 The honor and reputation of our organization comes from the integrity and respect that is maintained by each member of our community towards each other.

5.2 HP Supervisors shall not disparage or speak disrespectfully of any fellow HP Supervisor in public, or to clients, or students.

5.3 HP Supervisors shall support and assist each other in their study and practice.

5.4 In writing or speaking, if the HP Supervisor is aware that he/she is directly using a colleague's ideas, he/she shall reference these accordingly and give due respect.

5.5 An HP Supervisor shall not compare herself/himself to other HP Supervisors (directly or indirectly) in any form of advertising.

6. Scope of Practice and Representation

6.1 The HP Supervisor shall inform each client that the goal of HP is to help strengthen the constitution and thereby raise the general level of health of the client. It is not to treat any particular disease or condition but to stimulate the *vital force*.

6.2 The HP Supervisor shall not use the title “Doctor” unless licensed as an MD, DO, ND, DC, OMD, etc., by the state in which he/she practices. If you are called doctor, always correct them. This applies to those who have a medical degree which is not accepted in the country in which you are practicing (USA or Canada). This applies especially if you have a doctorate in another field. Do not claim to have a doctorate (PhD) unless you have one from a fully accredited university in a related field. Do not claim a doctorate for a distance learning degree.

6.3 HP Supervisors shall fully declare their education, credentials, and membership association on their professional website(s) and social media platforms.

6.3 The HP Supervisor shall promote Homeopathy and Homeoprophylaxis through appropriate research. All research findings and clinical experiences shall be documented methodically, honestly and without distortion. All speculative theories shall be stated as such and clearly distinguished.

6.4 The HP Supervisor shall present his/her level of education, years and extent of practice, and not exaggerate the number of HP Families they are supervising or have supervised.

7. Continuing Education

7.1 The HP Supervisor is responsible for his/her continuing personal and professional development by undertaking further training and study in Homeopathy and HP, conferring with colleagues and acquiring knowledge.

7.2 The HP Supervisor shall meet the required yearly continuing education credits, as per FHCi guidelines.

7.3 The HP Supervisor shall attend or view all FHCi mandatory meetings, comprised of FHCi program updates.

8. Public Outreach, Advertising Claims, and Social Media

8.1 The FHCi Board recommends that HP Supervisors promote HP as a member of the FHCi collective, rather than self-promotion.

8.2 HP Supervisors shall not seek to attract business unfairly and unprofessionally, in any way which could discredit the reputation of FHCi, Homeoprophylaxis, or Homeopathic practice.

8.3 HP Supervisors shall not state they treat any disease, condition or ailment, or imply that he/she can do so. The HP Supervisor may state that HP and/or Homeopathy work with the immune system and energetics of the body so it can overcome disease. Caution should be taken when speaking or writing about specific treatments of particular diseases or conditions. An HP Supervisor may give lectures and talks on how homeopathy addresses specific illness and which remedies have been used to address a specific illness (and place advertisements for these) - but only if the advertisement and/or lecture makes clear that you are using HP and/or Homeopathy to raise the level of health of a person so that the problem recedes and susceptibility to contraction reduces.

8.4 HP Supervisors shall not refer to HP as a “homeopathic vaccine”, “an effective vaccine” or a “safe vaccine.” HP Supervisors may explain that that “HP is a process of immunization”, and may say that “HP is a form of immune system education to prepare for infectious disease.”

8.5 HP Supervisors may say “HP has a robust track record of controlling, managing and preventing outbreaks of infectious diseases on a large scale”, “HP is being used in developing countries to manage epidemics”, and “More reliable evidence of its effectiveness is steadily emerging”.

8.6 HP Supervisors may say, “Long-term research studies demonstrate that HP provides effectiveness towards reducing infectious disease expression.”

8.7 HP Supervisors shall not promise that HP will provide complete immunity to the infectious disease corresponding to the nosode. No method of health promotion is 100% effective.

8.8 HP Supervisors shall not promise that HP will produce antibodies or titers for disease. You may say that “HP *may* produce titers, as has anecdotally been found in a minority of cases in clinical practice, but the goal of HP is to educate the immune system, not to produce titers.”

8.9 HP Supervisors shall not make remedy suggestions on social media platforms to people with or without an established supervisor or practitioner relationship.

8.10 HP Supervisors shall encourage families seeking HP advice on social media platforms, to visit the FHCi website to find a Supervisor.

8.11 HP Supervisors are cautioned that there is no scope of practice, within any safe harbor law, that has the provisions of HP or homeopathic recommendations on social media platforms.

8.12 It is within professional conduct for HP Supervisors to recommend their homeopathic services on social media platforms.

8.13 It is within professional conduct for HP Supervisors to provide information about homeopathic philosophy and understanding on social media platforms.

8.14 It is ethical for HP Supervisors to discuss cases on closed group HP and homeopathy social media platforms if family member’s name, location, or identifying features about them are withheld.

9. Legal

Be sure to research the laws on the practice of medicine without a license in your state or province and be aware of what terms and actions are not allowed.

10. International

In order to practice Homeoprophylaxis ethically within the UK, it is recommended that HP Supervisors adhere to the Society of Homeopaths formal code of ethics for the use of Homeoprophylaxis.

11. Transferring Supervision

As per FHCi Bylaws.

* Acknowledgement - this list was largely compiled by referencing the following Homeopathic organizations’ codes of ethics: North American Society of Homeopaths (NASH), Council for Homeopathic Certification (CHC), and The Society of Homeopaths, UK (SOH), with gratitude to these organizations.