



FHCi

2022 Annual Report

February 2023

Summary of 2022 Financials

INCOME & EXPENSES

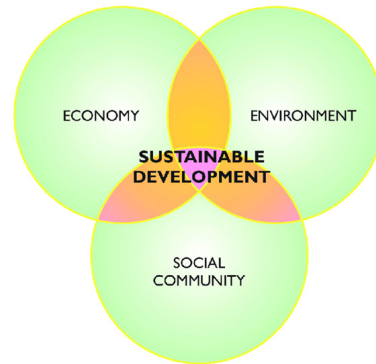
	<u>INCOME</u>
Affiliate donations	\$76,450.98
Donations	\$4,530.75
New CV Family Membership	\$4,200.00
New HPx Families	\$5,075.00
Legal Fund.....	\$2,575.00
HPx Practitioner Training.....	\$3,085.00
Membership Dues	\$8,225.00
Public Lectures.....	\$102.53
Shipping.....	\$27.50
Royalties.....	\$1,526.26
Book Sales	\$47.85
Misc. Revenue.....	\$226.70
Savings Interest.....	\$5.83
Totals	\$106,078.40

BALANCE SHEET SUMMARY (12/31/22)

<u>ASSETS</u>	
Legal Savings.....	\$10,713.32
Checking.....	\$4,514.35
Totals Bank Accounts	\$15,227.67
Total Assets.....	\$15,227.67
Liabilities.....	0
<u>EQUITY</u>	
Opening balances.....	\$1,242.68
Unrestricted Net assets	\$11,850.74
Net Income	\$2,134.25
Total Liabilities and Equity	\$15,227.67

	<u>EXPENSES</u>
Affiliate Contributions ARHF.....	\$75,899.76
Advertising & Promotions	\$1,830.00
Conference attendance	\$1,250.00
Website Development	\$12,777.50
Bank Fees	\$1,970.17
Web Services	\$630.54
Research Platform.....	\$792.00
Office Supplies	\$1,387.83
Printing	\$1,355.34
Postage	\$1,157.80
Rent.....	\$1,126.25
Sales Tax.....	\$101.79
Travel.....	\$385.94
Compensation of Officers:	
Treasurer.....	\$11,900.00
Administration - Main.....	\$10,200.00
Administration - All Other.....	\$9,708.98
Teachers.....	\$2,469.35
Totals	\$134,943.25
Net.....	-\$28,864.85

FHCi is inviting all patron members to consider how they want to be involved in the economics of the expansion of access to HPx. You are a part of an emerging sustainable community economic model.

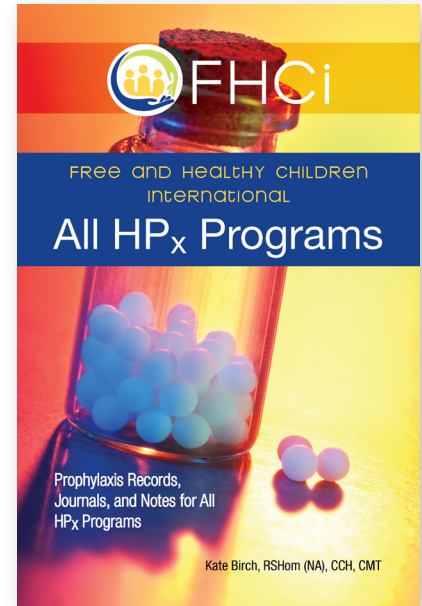


2022 WAS A CULMINATION OF 9 YEARS OF WORK

From the inception of FHCi and the application of HPx in the public we understood that all HPx programs must first be entered into research. As we continue our work, each subsequent HPx program FHCi develops will also be studied so that we can demonstrate how HPx is working.

Since 2011 FHCi has completed two major research projects: The first is our Full Childhood Immunological HPx program, Parts one and two were published in 2019 and 2020. The second is a coronavirus prophylaxis program with different aspects published in peer-reviewed journals and in audio-visual presentations in 2021 and 2022. Through this work we have learned so much about HPx and the immune system.

From gaining this understanding, combined with historical applications of HPx and Homeopathy in infectious disease, FHCi continues to delve deeper. With the roll-out of new HPx programs designed to activate and increase immune system functionality and well-being, these HPx s are designed for multiple age groups, targeting the immunological functionality for immune system maturity and of all ages. Research of HPx is imperative for achieving global acceptance of HPx as a public health model. Your participation in research serves to realize the needed change for the health of humanity.



FREE AND HEALTHY CHILDREN INTERNATIONAL



Free and Healthy Children International (FHCi) is a 501(c)3 non-profit: Research, Education, and Access to Homeopathy. EIN 46-2093772

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Our Mission and objectives include: 1) overseeing the collection and analysis of data regarding the effectiveness of homeoprophylaxis as it affects long-term health, 2) research into homeoprophylaxis and homeopathic protocols aimed at protecting children's and adult immune systems, 3) educating parents, caregivers, and health practitioners about healthy immune system function and maturation, and 4) ensuring a mechanism of access to the homeopathic remedies needed to fulfill these objectives.

10 Reasons TO USE HPx

#1 HOMEOPROPHYLAXIS IS...
...a safe, non-toxic method of immunization that educates an individual's immune system.

#2 CLEAN AND GREEN
Homeoprophylaxis (HPx) is a branch of Homeopathy. Only the germ or discharge of the disease is used to manufacture the HPx nosodes.

#3 NO NEEDLES
HPx is delivered orally through tiny pellets of the nosode. The energetic signature of a single disease is introduced by touching the mucous membrane, the same way nature introduces disease.

#4 NO FOREIGN CULTURE MEDIUMS
HPx is attenuated through potentization and dilution rather than cultured on animal or human embryonic cells.

#5 NO CHEMICALS
HPx is pure disease frequency without any adjuvants, toxins, or foreign genetic or disease matter to overwhelm developing immune systems.

#6 ONE DISEASE AT A TIME...
...so as to mildly stimulate the immune system to mount an appropriate disease-specific immune response.

#7 HPx IS IMMUNIZATION
HPx shares the same theory as vaccination to introduce an infectious agent to build immunity, but does so by delivering one at a time, without toxins, crude disease, or immunomodulating adjuvants.

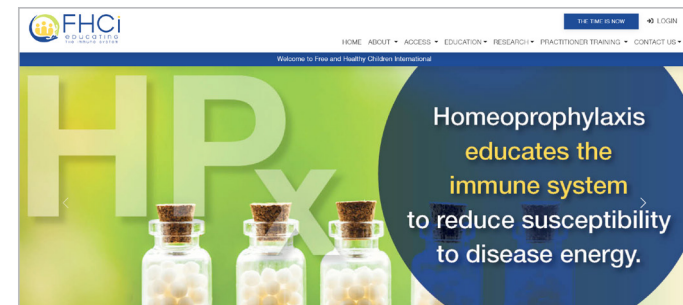
#8 BUILDING CONFIDENCE IN IMMUNE FUNCTION
Researching your choices is empowering. Seeing your children mount appropriate immune responses and maturing in a healthy way as a result is profound.

#9 CHILDHOOD DISEASES ACTIVATE HEALTHY MATURATION
Childhood diseases are intended to be contracted in childhood to facilitate normal immune system maturation. HPx activates our natural ability to resist or recover from disease through stimulating immunological responses that mimic those made in response to natural disease.

#10 IT'S ABOUT SUSCEPTIBILITY, NOT THE GERM
In his final days, Louis Pasteur recognized that it is the resilience of the person that determines if one gets sick, not the germ. Rather than trying to kill or avoid the germ, HPx aims to reduce susceptibility to the disease process by gentle, mild, and preemptive activation of the respective immunological responses that build immunity.

Completion of our new website

As we step into a leadership role for the burgeoning field of HPx, FHCi is excited to announce our new website, scheduled for completion mid-2023. In service to humanity, our new website will present clear, concise information regarding HPx through FHCi's programs, lectures, articles, and publications. It will also include new program protocols for different population groups. It will assist families and practitioners via a login to a communication portal, which will allow for ongoing support and program status documentation. The new certificate generator will create interim certificates and completion certificates of the Childhood HPx program and other HPx programs. This new website will showcase new branding in line with *the philosophy of HPx, that of strengthening the terrain rather than fighting the germ.*



2023 goals will include outreach, marketing, and fundraising

This year will include a focus on training new practitioners and rolling out our brand new website. We hope to develop a grassroots movement of parents looking for much safer options when it comes to infectious disease and maturing immune systems.

March 24-26: Kate Birch will be presenting at the joint annual North American Homeopathic conference in San Antonio, Texas.

April 10-16: World Homeopathy Awareness Week

August 4-10: International Homeoprophylaxis Awareness Week



A big "Thank You" to all our 2022 donors!

Kate Birch	\$746.02
Abby Beale	\$510.65
Christy Spencer	\$500.00
Patrick Dusaint	\$425.00
Meghan Riccio	\$150.00
Miran Farah	\$150.00
Erica Langston	\$102.53
Diana Syvertson	\$102.53
Dana Gralewski	\$100.00
All Other below \$100	\$1,048.42
Total Sum	\$3,835.15

ARHF Donations	
Joe Roberts	\$70,000
Many others	\$ 6,450.98

TOGETHER WE
ARE GROWING
HEALTHY CHILDREN
AND FAMILIES.

Working through the wave of COVID vaccine fallout during 2022

Working through the wave of COVID vaccine fallout during 2022, our FHCi practitioners have been working with clients who have been vaccinated with the COVID vaccine as well as those who have been exposed to vaccinated individuals.

What we've seen through the last eight months is wave after wave of different manifestations of disease. It started with infertility and labor issues, failure to progress, and lactation problems, as the COVID spike protein affects the pituitary gland and its relationship to onset of labor and lactation. Then followed by activation of retroviruses, such as Epstein-Barr virus and Lyme's disease through the suppression of the immune system from the spike protein. We saw a number of cases of sudden or reactivated cancers, where the immune system had been turned off by the vaccines. This wave continued with outcroppings of streptococcal and staphylococcal infections, ringworm, and other strange, or aberrant

manifestations of disease. The last wave showed itself with severe RSV in age groups not commonly susceptible to RSV. And finally, breakthrough cases of coronavirus in the vaccinated population and those who previously have contracted COVID.

Our understanding of these different kinds of disease waves is a testament of the nature of the spike protein, breaking down into different infectious disease's genetic components of which the spike protein was assembled from. In contrast, we didn't see any of these manifestations in the population of clients that have taken the COVID nosode. Accordingly, we still recommend taking the COVID nosode semi-frequently (guided by a certified homeopath) as we continue through to the end of this pandemic.

What we have discovered with the practice of homeoprophylaxis is that there's so much more to learn.

"We've started with two research projects, and these research projects lead us to ask more questions, which lead us to see how many more applications homeoprophylaxis has and how is it working in the immune system. That's the work of FHCi."

- Kate Birch, Founder, FHCi

2022

Homeopathy and HPx go hand-in-hand

FHCi strongly recommends having a relationship with a certified homeopath and receive regular constitutional care before and during any HPx programs.

When is homeopathic constitutional care needed and why is it important before starting HPx?

"Constitutional" work is what homeopaths call the technique used for whole-person, immune-strengthening, body-balancing, vitality-increasing homeopathy. We recommend it for people who get sick frequently or have chronic health problems.

Why do we specifically recommend constitutional work before HPx?

So that the immune system can respond as well as possible to the HPx program and generate the best possible results. HPx programs are designed for children and adults with strong immune systems. Unfortunately, not every person falls into that category. Therefore, it makes sense to do a few months of prep work (constitutional care) to get the immune system into shape before beginning HPx. This will help in getting optimal results from the HPx programs.



Comparing Homeopathy and Homeoprophylaxis

Theory of Homeopathy	Theory of HPx
<ul style="list-style-type: none">✓ Based on the <i>Law of Similars</i>✓ That which can cause disease, when used in potency, has the potential to heal	<ul style="list-style-type: none">✓ Introduces disease agents into the immune system before exposure to stimulate immunity✓ Addresses susceptibility of the individual and collective✓ Elicits an elimination route through immune response✓ Learning without the suffering✓ Same theory as vaccination



'HPx' is to homeoprophylaxis the equivalent of 'Rx' for the internationally recognized symbol for medical prescriptions.

NEW HPx PROGRAMS



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Healthy Biome HPx



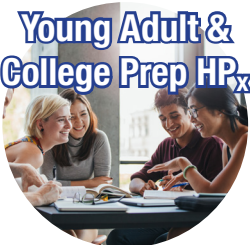
Establishing the foundation of life and vitality

Full Childhood Immunological HPx



For healthy childhood development and intact immune systems

Young Adult & College Prep HPx



The emergence of true self and critical thinking through immune system stimulation of the maturing individual

Healthy Sexuality & Procreation HPx



Alignment and corrective immunity to the divine order of life to harmonize sexual relationships and procreative viability

Immune Health for Elders HPx



Activation of immune system memory supporting the role of elders in family settings

Travel HPx



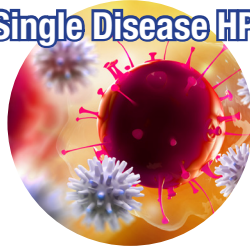
Healthy immune systems while expanding world-view

Healthy Pregnancy & Fetal Development HPx



Releasing inherited afflictions to liberate your offspring

Single Disease HPx



Variable, depending on season, climate, and socio-political issues

2023 marks our 10th anniversary!

It also marks the rolling out of eight new HPx programs for all ages of individuals looking to educate their immune system with homeoprophylaxis. Because of the dialogue between practitioners and the reporting of clients and families who have completed HPx programs with us, we have learned so much about how the immune system works and how HPx is interfacing with it. These individuals find us because they are wanting to pursue an alternative methodology for immune system education.

What we can say after nine years of working with homeopathic nosodes is that these remedies offer the public a health care model that not only helps to lower incidence of infectious disease, but also helps to strengthen the immune systems of the participants.

In 2023 we are excited to launch our new website with new branding, which really captures the philosophical basis of homeoprophylaxis, and how infectious disease works in the immune system. During 2023, our plan, through the launching of our new programs and a massive public outreach campaign, is to spread the word of homeoprophylaxis for all different reasons and seasons.

We have continued our work, despite, or as a result of, global hysteria around infectious disease and vaccination campaigns, and the oppression and censorship of any alternatives. We stand by the work we do for the good of humanity, and we are so grateful for everyone who has found FHCi. We look forward to continued relationships with our stakeholders as we move forward bringing homeoprophylaxis into the spotlight and offering another way for immune system education.

2023

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10th ANNIVERSARY